

PATIENT AND CAREGIVER INFORMATION BOOKLET

For children aged from 4 to 14 years
prescribed EIKANCE 0.01% Eye Drops



Eikance.co.nz

EIKANCE 0.01%
atropine sulfate
EYE DROPS



This booklet is intended for New Zealand patients who have been prescribed EIKANCE 0.01% Eye Drops and is not designed to replace the advice of your Healthcare Professional. Please consult your Eye Care Professional if you have any questions or concerns about EIKANCE 0.01% Eye Drops.

WHAT IS MYOPIA?

People with myopia have blurry long-distance vision, often called “short-sightedness”.

This means that they can see clearly up close (e.g. when reading a book or looking at an object), but things in the distance look fuzzy, for example when looking at a street sign or whiteboard at school.

WHO GETS MYOPIA?

Myopia is a common eye condition that is typically first detected in childhood, during the early school years.

Certain risk factors may increase the likelihood of developing short-sightedness.

THESE INCLUDE:

- Family history - If one parent is short-sighted, the child's risk of developing myopia is increased. The risk is higher if both parents are short-sighted.
- Screen time - children who use computers or smart devices for long periods have a greater risk of developing short-sightedness.
- Lack of time spent outdoors.

YOU CAN HELP PREVENT THE ONSET OF MYOPIA BY:



Spending time outdoors



Reducing time spent focusing on near objects e.g. computer screens or devices



Taking regular breaks when focusing on near objects for prolonged periods

MYOPIA MANAGEMENT WITH EIKANCE EYE DROPS

If your child has myopia, it should be managed by an Eye Care Professional such as your Optometrist or Ophthalmologist. There are a variety of myopia management options available to manage child myopia and maintain your child's eye health.

Why have Eikance 0.01% Eye Drops been prescribed?

Your Eye Care Professional has prescribed EIKANCE 0.01% Eye Drops to slow the progression of myopia.

How do Eikance 0.01% Eye Drops work?

EIKANCE 0.01% Eye Drops contain the active ingredient atropine sulfate (atropine). EIKANCE 0.01% is an eye drop preparation used to deliver atropine directly to the eye for local activity. It reduces the rate of unwanted changes in the eye which may slow the progression of myopia.

Eikance 0.01% Eye Drops are administered directly into the child's eye using a single use ampoule (pictured below).



HOW TO USE EIKANCE EYE DROPS

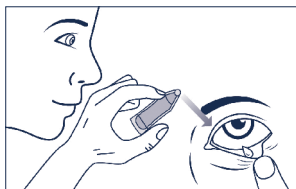
EIKANCE 0.01% Eye Drops should be administered as one drop into each eye at night, or as directed by your Eye Care Professional.

DIRECTIONS FOR USE

- Open the foil pouch which contains a strip of 5 ampoules
- Tear off a single use ampoule from the strip. Place the unused ampoules back in the original pack and keep them in the foil pouch until the next dose is required
- Hold the ampoule upright and twist the top to open it

Avoid touching the tip of the ampoule to prevent contaminating the eye drops.

Gently squeeze the ampoule to let the solution drop into the eye as follows:



1 Gently pull out the lower eyelid to form a sac. Allow one drop to fall into the sac without allowing the ampoule to touch the eye. Repeat for the other eye.



2 Close the eyes and then apply gentle pressure to the tear duct for approximately one minute as soon as the drops have been administered.



3 Follow the instructions provided by your child's Eye Care Professional and use EIKANCE 0.01% until you're told to stop.

If wearing contact lenses, remove them before administering the drops into the eye. Wait 15 minutes before replacing contact lenses.

EIKANCE 0.01% is available as single use ampoules. Discard any medicine left in the single use ampoule after each dose administration.

- EIKANCE 0.01% Eye Drops should be used as directed by your Eye Care Professional. Do not exceed the number of drops or use more frequently than directed.
- It is important to use EIKANCE 0.01% Eye Drops exactly as directed.
- If you have any questions or concerns, please discuss these with your Eye Care Professional.

ARE THERE ANY SIDE EFFECTS?

All medicines can have side effects. Most side effects associated with EIKANCE 0.01% Eye Drops are minor and temporary. However, some side effects may need medical attention.

LESS SERIOUS SIDE EFFECTS	WHAT TO DO
<ul style="list-style-type: none">▪ Blurred vision▪ Eye irritation▪ Increased sensitivity to sunlight (photophobia)▪ Allergy▪ Sore, swollen, red and itchy eyes▪ Headache▪ Fatigue.	<p>Speak to your Eye Care Professional if you are concerned by any of these less serious side effects.</p>

SERIOUS SIDE EFFECTS	WHAT TO DO
<ul style="list-style-type: none">▪ Flushing▪ Dryness of the skin▪ Rapid and irregular pulse▪ Fever▪ Mental aberrations▪ Psychosis and loss of neuromuscular coordination.	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>

Other side effects not listed here may occur in some people. Tell your Eye Care Professional or Pharmacist if you notice anything else that may be making your child feel unwell.

NOTES FROM YOUR EYE CARE PROFESSIONAL

Record any important information or instructions you receive at your eye check-up appointments.



QUESTIONS FOR YOUR EYE CARE PROFESSIONAL

Write down any questions you may have for your Eye Care Professional and bring this booklet with you to each appointment.

For further information on EIKANCE 0.01%, visit: www.eikance.co.nz





Eikance® (atropine sulfate) 0.01% Eye Drops is an unfunded Prescription Medicine as a treatment to slow the progression of myopia in children aged from 4 to 14 years. Eikance has risks and benefits. Ask your Ophthalmologist or Optometrist if Eikance is right for you. Use strictly as directed. If symptoms persist or you have side effects, see your Ophthalmologist or Optometrist. Normal consultation and pharmacy charges & fees apply. For further information see Consumer Medicine Information (CMI) at www.medsafe.govt.nz. Trademarks are owned by or licensed to the Aspen Group of companies. © 2024 Aspen Group of companies or its licensor. All rights reserved. Aspen New Zealand, C/O Pharmacy Retailing (NZ) Ltd, Auckland. TAPS NP22005-DEC 24.

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